

## Club COVID-19 Risk Assessment



### Risk Matrix

		Harm	Probability				
			A	B	C	D	E
			Very Unlikely	Unlikely	Possible	Likely	Very Likely
<b>Severity</b>	1	Slight Harm. Slight injury or health effect (Requires little or no treatment; no need to take time off paddling or training)	Low	Low	Low	Low	Moderate
	2	Minor Harm. Minor injury or health effect (Requires First Aid or rest; potentially a few days off paddling or training)	Low	Low	Low	Moderate	Substantial
	3	Moderate Harm. Moderate injury or health effect (Requires treatment beyond simple First Aid; potentially a week or so off paddling or training)	Low	Low	Moderate	Substantial	Intolerable
	4	Major Harm. Major injury or health effect (Requires hospital treatment for more than one day; potentially a few weeks off paddling or training)	Low	Moderate	Substantial	Intolerable	Intolerable
	5	Extreme harm. Fatality or life-threatening Injury or health effect (could end a paddling career or cause hospitalisation for a few months)	Moderate	Substantial	Intolerable	Intolerable	Intolerable

<b>Low</b>	These risks are considered acceptable. No further action is necessary other than to ensure that the controls are maintained. Actions to further reduce these risks are assigned low priority. Arrangements should be made to ensure that the controls are maintained.
<b>Moderate</b>	Consideration should be given as to whether the risks can be lowered, but the costs of additional risk reduction measures should be considered. The risk reduction measures should be implemented within a defined time period. Arrangements should be made to ensure that the controls are maintained, particularly if the risk levels are associated with harmful consequences.
<b>Substantial</b>	Substantial efforts should be made to reduce the risk. Risk reduction measures should be implemented urgently within a defined time period and it might be necessary to consider suspending or restricting the activity, or to apply interim risk controls, until this has been completed. Considerable resources might have to be allocated to additional controls. Arrangements should be made to ensure that the controls are maintained, particularly if the risk levels are associated with extremely harmful consequences and very harmful consequences.
<b>Intolerable</b>	These risks are unacceptable. Substantial improvements in risk controls are necessary, so that the risk is reduced to an acceptable level. The activity should be halted until risk controls are implemented that reduce the risk so that it is no longer very high. If it is not possible to reduce risk the activity should remain prohibited.

### Club COVID-19 Risk Assessment

<b>Club:</b>		<b>Date:</b>	Friday, 5 June 2020
<b>Author:</b>		<b>Rev:</b>	

No:	Hazard	Reduce probability of a Hazard causing a Hazardous Event		Hazardous Event	Reduce the Severity of Harm		Harm	Severity (1-5)	Probability (A-E)	Level of Risk (UMS/II)	Action Owners					
		Barriers	Action to Maintain Barriers		Controls	Action to Maintain Controls					Club Chairman	Club COVID-19 Officer	Coaches	Other		
<b>Travel to the club</b>																
1	Exposure to COVID-19 by public transport or in a car with someone from a different household	Other people wear a mask or face covering	General advice to the public	Paddler or coach becomes infected with COVID-19	Paddler or coach recovers without hospital treatment	Paddler or coach self isolates at home	Minor illness	3	D	Substantial						
2		Everyone maintains social distancing			Treatment by NHS	NHS does not become overwhelmed with cases	Severe illness	4	C	Substantial						
3		People with symptoms self-isolate					Life-changing illness or death	5	B	Substantial						
4	Exposure to COVID-19 in a private car when travelling to or from the club	Ensure that cars contain members of one household only	Club advice to paddlers and coaches, and new club rules	Paddlers or coach becomes infected with COVID-19	Paddler or coach recovers without hospital treatment	Paddler or coach self isolates at home	Minor illness	3	A	Low						
5					Treatment by NHS	NHS does not become overwhelmed with cases	Severe illness	4	A	Low						
6							Life-changing illness or death	5	A	Moderate						
7	Exposure to COVID-19 when walking or cycling to the club	Other people wear a mask or face covering	General advice to the public	Paddlers or coach becomes infected with COVID-19	Paddler or coach recovers without hospital treatment	Paddler or coach self isolates at home	Minor illness	3	A	Low						
8		Everyone maintains social distancing			Treatment by NHS	NHS does not become overwhelmed with cases	Severe illness	4	A	Low						
9		People with symptoms self-isolate					Life-changing illness or death	5	A	Moderate						
10	Exposure to COVID-19 when using the club changing facilities	Close the changing facilities so that they cannot be used	Club advice to paddlers and coaches, and new club rules	Paddlers or coach becomes infected with COVID-19	Paddler or coach recovers without hospital treatment	Paddler or coach self isolates at home	Minor illness	3	A	Low						
11		Advise paddlers to travel to the club wearing the kit that they intend to paddle in and to travel home to shower and change			Treatment by NHS	NHS does not become overwhelmed with cases	Severe illness	4	A	Low						
12							Life-changing illness or death	5	A	Moderate						
<b>Accessing equipment in the boathouse and returning the equipment after use</b>																
13	Person shedding virus has been in the boathouse within the last three days	Ensure that everyone who has been exposed does not visit the boathouse	Club advice to paddlers and coaches, and new club rules. Provide the equipment needed. (Disinfectant can be consist of a dilute solution of bleach in water.) Display the NHS hand washing poster	Paddlers or coach becomes infected with COVID-19	Paddler or coach recovers without hospital treatment	Paddler or coach self isolates at home	Minor illness	3	C	Moderate						
14		Limit the number of people in the boathouse at any one time (no more than 2 people per bay)														
15		At the start and end of each visit disinfect all surfaces (doors, locks, window catches, taps, etc.) that will be touched														
16		Ensure that everyone in the boathouse maintains social distancing (>2 metres)						NHS does not become overwhelmed with cases	Severe illness	4	B	Moderate				
17		Keep the boathouse well ventilated (open all doors and windows in the boathouse, switch on all mechanical ventilation (if any))						Treatment by NHS								

18		Wash hands thoroughly at the start of each outing and before leaving to travel home				NHS does not become overwhelmed with cases	Life-changing illness or death	5	A	Moderate				
19	Exposure within the clubhouse	Prohibit the use of the clubhouse												
20		Wipe boats and other kit with disinfectant at the start and end of each period of use (i.e. BEFORE and AFTER each person uses the equipment). Wear protective gloves when using disinfectant.	Club advice to paddlers and coaches, and new club rules	Paddlers or coach becomes infected with COVID-19	Paddler or coach recovers without hospital treatment	Paddler or coach self isolates at home	Minor illness	3	C	Moderate				
21	Contaminated surfaces (boats, etc) within the boathouse	If possible, store the boats that are most likely to be used outside so as to minimise the need for people to enter the boathouse			Treatment by NHS	NHS does not become overwhelmed with cases	Severe illness	4	B	Moderate				
22							Life-changing illness or death	5	A	Moderate				
23					Paddler or coach recovers without hospital treatment	Paddler or coach self isolates at home	Minor illness	3	C	Moderate				
24	Person who is shielding visits the boathouse	Do not permit a person who is shielding to visit the boathouse	Government advice to people who are shielding and new club rules	Person who is shielding becomes infected with COVID-19	Treatment by NHS	NHS does not become overwhelmed with cases	Severe illness	4	B	Moderate				
25							Life-changing illness or death	5	A	Moderate				
<b>Rigging, going afloat or landing</b>														
26		Ensure that there are no more than 2 people present			Paddler or coach recovers without hospital treatment	Paddler or coach self isolates at home	Minor illness	3	C	Moderate				
27	Someone present is shedding the virus or has been in contact with someone else who is	Ensure that the minimum separation distance of 2 metres is maintained at all times	Club advice to paddlers and coaches, and new club rules. Display the NHS hand washing poster	Paddlers or coach becomes infected with COVID-19	Treatment by NHS	NHS does not become overwhelmed with cases	Severe illness	4	B	Moderate				
28		Frequent thorough hand washing in warm soapy water					Life-changing illness or death	5	A	Moderate				
		Restrict use of shared equipment where possible. If equipment is shared BEFORE and AFTER use in warm soapy water												
<b>Padding</b>														
29		Maintain social distance between boats			Paddler or coach recovers without hospital treatment	Paddler or coach self isolates at home	Minor illness	3	C	Moderate				
30	Someone present is shedding the virus or has been in contact with someone else who is	OC1/V1 padding only. OC2/V3/OC6 should not be used	Club advice to paddlers and coaches, and new club rules	Paddler or coach becomes infected with COVID-19	Treatment by NHS	NHS does not become overwhelmed with cases	Severe illness	4	B	Moderate				
31							Life-changing illness or death	5	A	Moderate				
<b>Use of the toilets</b>														
32		Only allow one person in the toilets at any one time.			Paddler or coach recovers without hospital treatment	Paddler or coach self isolates at home	Minor illness	3	D	Substantial				
33	Someone present is shedding the virus or has been in contact with someone else who is	Ensure that the toilet windows are opened so that the toilets are well ventilated	Club advice to paddlers and coaches, and new club rules. Provide disinfecting materials and instructions	Paddler or coach becomes infected with COVID-19	Treatment by NHS	NHS does not become overwhelmed with cases	Severe illness	4	C	Substantial				
34		Person using the toilets disinfects every surface touched or likely to be touched (including the toilet seat) before and after each use					Life-changing illness or death	5	B	Substantial				